

PHT-PHYSICAL THERAPY

PHT 1930 Introduction to the Physical Therapist Assistant Profession (1 Credit)

This introductory course is designed for students with no prior physical therapy experience who are exploring physical therapist assistant education as a potential major. The course provides an overview of the physical therapy profession, including the roles of physical therapists and physical therapist assistants, academic and clinical expectations, and foundational professional standards. A key component of the course is guided preparation for and participation in clinical observation experiences. Students also engage in introductory hands-on activities related to patient mobility and safety, basic communication and documentation concepts, and development of effective learning strategies. Emphasis is placed on early professional identity formation and informed decision-making regarding readiness for and progression within the PTA curriculum.

Prerequisite: Successful completion of all developmental writing and reading courses indicated through placement testing